Important Announcements

There are several exciting changes coming to the office that we want to share with you!

Dr. Ahnemann graduated from the National University of Natural Medicine in 2016. While there she completed several specialized rotations in women's health, cardiovascular disease, LGBTQ and transgender care, pediatrics and family medicine. She elected to travel abroad on breaks in order to work at rural community health clinics in Tanzania and Haiti. After graduating she completed a rigorous residency focusing on GI health, autoimmune disease and chronic illness. In addition she has received further training in nutrition, botanical medicine and homeopathy. She enjoys family medicine and having an opportunity to work with every one of all ages.

Staff Changes

DR. BROOK AHNEMANN, ND

Schedule:

MAY 2018  Dr. Brook begins practice at the clinic

JUNE 7th  Cynthia’s last day

JUNE 11th  Pardise begins at the front desk full time.

JULY  Dr. Evans will be reserving the month of July to see established patients only. All new patients will be seen by Dr. Brook at this time.

JULY 27th  Dr. Evans’s last day before maternity leave. Dr. Brook will be seeing all patients during Dr. Evans’s absence.

JAN 2019  Dr. Evans returns from maternity leave
Dr. Ahnemann became a naturopath because she believes everyone has the ability to achieve wellness. Her own path to becoming a doctor has been varied, allowing her to bring many diverse experiences and interests together to inform her practice.

Her goal is to support and to empower each patient on their individual path.

She will often turn to natural medicine first, but is comfortable prescribing a wide array of treatment options, tailoring each to a patient’s condition and needs. Additionally she believes knowledge is essential for health, so she strives to educate her patients as they work together to restore health.

Before becoming a physician, Dr. Ahnemann spent years working as a cook and caterer, and her passion for food and nutrition remains strong. She spends a week each summer running a camp kitchen for kids with food allergies.

In her free time she can be found cooking up a storm, getting her hands dirty in the garden, playing board games and unwinding with her cats and partner.

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Front desk: Farewell Cynthia and welcome Pardise!

After two wonderful years it is time to bid farewell to Cynthia Adams and extend a warm welcome to Pardise Mossalman. Pardise has been a familiar face and name since October 2017 as she has been covering the front desk on Monday mornings. Now we are all blessed to have her there full time beginning in June!

THANK YOU Cynthia for all that you have done and we wish you the BEST in your next endeavors!
From Dr. Jessica: 
Continuing great patient care

It is with great pleasure and anticipation that I am embarking on the adventure of motherhood! But, as you might imagine, as your doctor I also have some mixed feelings about leaving practice for four months. I hope it is obvious to you that I truly love my job and my patients. I will miss seeing you all greatly.

It is with utmost confidence, however, that I pass the torch on to Dr. Brook in my stead. I trust that you will enjoy working with her and vice versa. She has a beautiful, warm, humble manner that I feel fortifies her excellent medical judgment. I know you will all be in good hands with her!

Be on the alert in mid-August for a birth announcement…this little one is due August 15th and we can’t wait to meet HER!

In Health,

Dr. Jessica